

CROSS OFF THE THINGS YOU HAVE!



Sterile adhesive
bandages (assorted
sizes)
Assorted size of
safety pins
Cleaning agent/soap
Latex gloves (2 pairs)
Sunscreen *yes we
mean you*
2-in and 3-in roller
bandages (3 each)
2-in and 4-in sterile
gauze pads (4-6
each)
Non-prescription
drugs
Needle
Tweezer
Thermometer
Antiseptic
Tongue blades (2)
Lubricant
Moistened towelettes
Scissors

Disaster
Supplies:
First Aid 